



# THE UNSEEN

## **The Unseen**

### A Founder-Led Acting Studio

Directed by Arjun Rose

Training the next generation of working actors  
from our home inside the Spotlight building, Covent  
Garden.

# School Profile

Industry. Access. Results.

The Unseen is a professionally led acting training programme directed and taught by Arjun Rose and former student turned junior partner Oliver Moulden.

Designed for serious actors seeking sustained careers in film and television, the studio bridges the gap between traditional training and the real industry.

Structured professional tuition with direct industry access.





## ARJUN ROSE

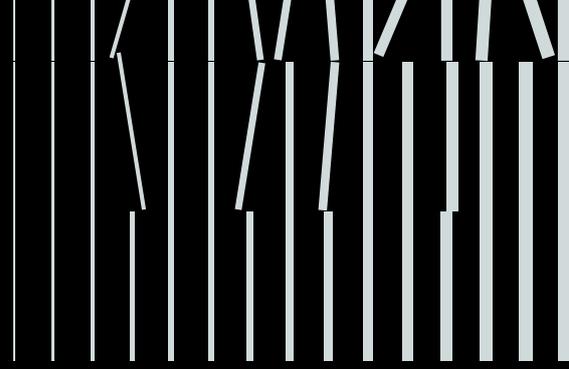
Founder & Lead Tutor

Arjun Rose began his career as a screenwriter working with the likes of Lionsgate (US) and Working Title (UK). He was represented by Independent Talent (UK) and Anonymous Content (US), collaborating closely with actors, agents and casting directors internationally on multiple projects with the likes of Idris Elba and other leading industry professionals.

After years inside the film and television industry, Arjun identified a gap between actor training and professional readiness.

The Unseen was created to close that gap.

# Founder-Led Tuition



All core training at The Unseen is personally led and overseen by Arjun Rose and former student turned junior partner Oliver Moulden.

Arjun and Oliver:

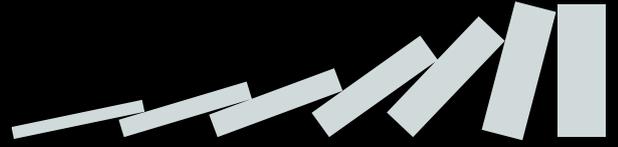
- Design the curriculum
- Lead weekly tuition sessions
- Produce all showcases
- Oversee performance development
- Provide detailed personal assessment and feedback on every showcase submission

Guest tutors and industry actors are invited to deliver masterclasses; however, the core programme remains under Arjun's direction at all times.

This ensures consistency, depth and personal accountability in every student's development.

# Our Journey

## From Soho House to Spotlight



The Unseen began as intimate, high-level acting sessions held at Soho House and London theatres.

Early guest classes included Robert Sheehan and Natalie Dormer. As word spread, regular live showcases were introduced - attended by leading UK agents through Arjun's professional relationships.

The studio has since evolved into a prestigious weekend academy operating from within Spotlight, placing students at the centre of the professional acting world.

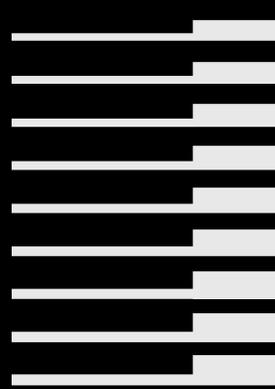
## Masterclasses & Industry Guests

The Unseen has hosted guest sessions with:

- Robert Sheehan
- Natalie Dormer
- Daniel Kaluuya
- Ed Skrein
- Neil Maskell
- Ben Barnes
- Sofia Boutella

And numerous additional working actors  
These masterclasses supplement - not replace - the structured training programme led by Arjun Rose.

# Curriculum and Academic Program



## Real Results

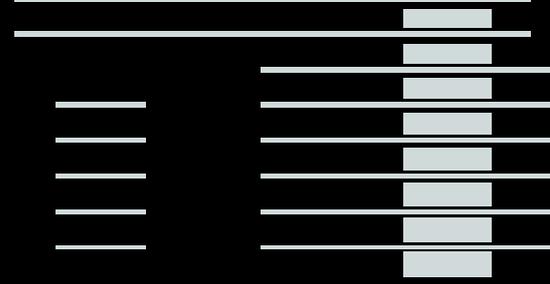
Actors trained at The Unseen have gone on to secure representation and build sustained careers across film, television and theatre.



Alumni include the likes of Archie Renaux, Solly McLeod and Mia McKenna-Bruce all taught by Arjun Rose.

The Unseen operates an online showcase platform, distributing performances to agents and casting directors across the UK and internationally.

# Course Structure



The Unseen operates as a structured acting training programme with days split into two separate classes and leading towards a final showcase submission - detailed feedback, grading and sharing with agents and casting professionals.

Tuition includes:

- Script work, imagination, and energy-based awareness, drawing on a wide range of practitioners and techniques to connect the dots and help actors create compelling, truthful, and dynamic performances.
- Method acting techniques.
- Acting for camera
- Script based sessions drawing on Adler and Stanislavsky



Each actor's development is monitored and guided under Arjun's supervision.

# Our Method

The Unseen methodology centres on:

- Energy awareness and embodiment
- Truthful performance under given circumstances
- Instinctive, present-moment performance
- Emotional access without force
- On-camera realism

Alongside acting tuition, Arjun integrates energy work practices to support emotional release and grounded presence under pressure.

He has provided energy work, including Reiki sessions, to the likes of Sofia Boutella, Chris Pine, and members of Tom Cruise's professional team.

# Our Vision

To continue expanding:

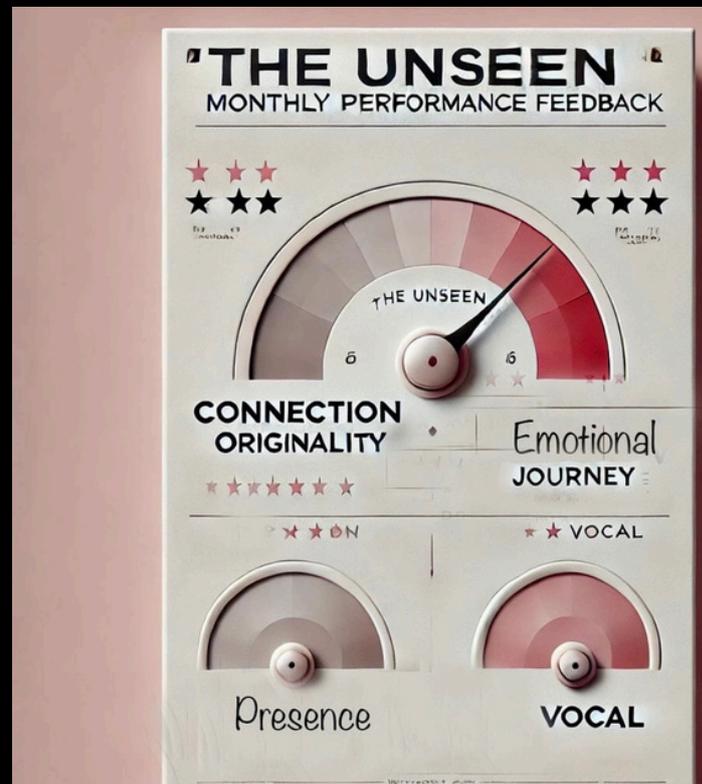
- Agency partnerships
- International showcase distribution
- Professional industry access
- Scholarship opportunities

While remaining a founder-led studio with direct personal tuition at its core.



# Showcase, Grading & Feedback

Assessments are designed to track progress and ensure mastery of concepts



Arjun Rose personally watches and creates detailed feedback for every showcase submission monthly.



For inquiries or to schedule a  
school tour, please contact

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